

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Thembheka  
Makamu**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:35:25**

**PACE 07:24/km**

**GENDER 235 of  
324**

**OVERALL 319 of 530**

**SENIOR (20-  
39) 111 of 142**



16 February 2019, Sat

Date

*BoutTime*

Signature

